

# AUGUST/SEPTEMBER FOOD WORKSHOPS



**Spanakopita Workshop**  
Aug. 1 - 3 and 15 - 17 (W-F)  
Led by: Monica & Alexa Vafiades  
[monica.vafiades@gmail.com](mailto:monica.vafiades@gmail.com)



**Moussaka Workshop**  
Aug. 20 - 22 (M-W)  
Led by: Maria Neyland  
[jmneyland@verizon.net](mailto:jmneyland@verizon.net)



**Pastitsio Workshop**  
Aug. 23 and 24 (TH-F)  
Led by: Elizabeth De La Torre & mom  
[elizabeth.delatorre@newbalance.com](mailto:elizabeth.delatorre@newbalance.com)



**Dolmades Workshop**  
Aug. 25 (Sat)  
Led by: Maria Zallas and Mary Murray  
[zallas.maria@gmail.com](mailto:zallas.maria@gmail.com)



**Baklava Workshop**  
Sept. 17 (M)  
Led by: Cleo Rizos  
[decarizfam@gmail.com](mailto:decarizfam@gmail.com)

**Please email the workshop leader if you can help!**

**Come meet new friends**

**and lend a hand**

**to prepare our festival menu items!**